

Why did

she

leave

me?

Women end their relationships for a reason, right?

First, you need to understand why... it was probably one of these things that made her leave:

You are no longer the man she was interested in at the beginning of the relationship

She no longer sees in you something she saw at the beginning that made her feel attracted and interested.

You have become needy and clingy

Two fatal things in a relationship. A man who becomes needy and "sticky". Women can't stand that!

You didn't make her happy with sex

Maybe you're boring in bed. Because if the sex was good, she'd probably keep insisting on you (even if you were a bad guy for her) or she would keep giving you ideas and maintaining contact.

She no longer sees you as an interesting type

You became very predictable and she started to predict everything you were going to do or say. Women like emotion and challenge, if you become too predictable she will no longer see you as an attractive type and this can create a sense of boredom in women.

You have entered the comfort zone

Maybe you have neglected her and not given her the minimum of attention and affection. Maybe you have neglected yourself, gained weight, and forgotten to provide good moments for your ex.

I believe it will fall into one of these options...

Now is the time to make you become an interesting, secure, and attractive man again... a true man of value!

So she will come to her senses and see what she has lost.